Agency

Session One



Please add your school name before your name Ex: EGC linda



What allows our schools to be joyful places where we want to be?



the ability to take action and/or choose what action to take.



Belonging

being accepted as you truly are and as an equal participant in how things are created.



Connectedness

engaging in meaningful activities with supportive adults & peers where you are seen, heard, and valued.

Recap of our Community Timeframe

Form a team consisting of students, teachers, leaders, family and other community members.

Designate a contact person.

Commit to engage in this and two additional virtual design sessions

Share your experience with other schools involved in this design opportunity in February 2024.

Selected teams will travel to Washington, DC in May 2024 for an all-day session with other design teams and congressional, US Department of Education and White House Domestic Policy Council staff.



Who is in this session?

Each school team will have 7 minutes in a breakout room to decide what they would like to share about why they are joining this design team opportunity?

When we return to the main room, we would like to hear your reason and for each of you to introduce yourselves.

The dance of life is spontaneous, self-sustaining, and self-creating."

~ Paul Davies



Agency

The <u>ability</u> to take <u>action</u> or to <u>choose</u> what action to take

To identify valued goals and desired outcomes and to pursue those goals and outcomes proactively, purposely and effectively.

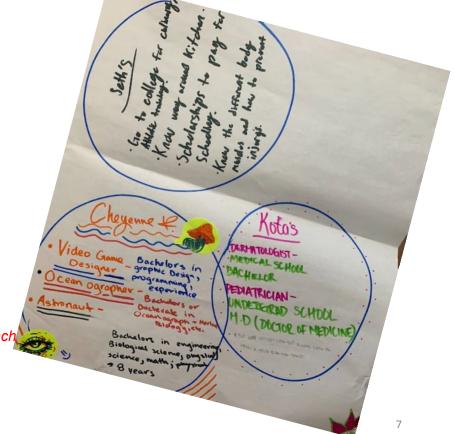
A <u>sense</u> of our own <u>power</u> to make a <u>difference</u>.

Agency is about acting rather than being acted upon - <u>fully participating as an equal</u> and contributing member of a community that <u>shares a common goal or purpose</u>.



Agency-Might Look Like in Schools

- Choice-based learning Student-led projects Personalized learning plans Reflection and self-assessment Student voice and input Authentic, real-world experiences
- Autonomy Co-generative Dialogues Flexible schedules
- Student led professional learning



Shifting from a teacher-centered model to a student-centered approach

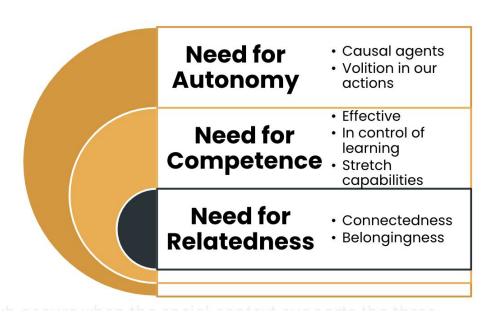


Guiding inquiry where are there spaces within our school community where agency happens organically?



Within our school community, where do we find spaces that shut down agency?

Self-Determination Theory (SDT) (Wentzel & Miele, 2016)



What types of offerings would be of interest and bring joy?

What kind of loose structures might support competence?

Where might we create intentional space for connectedness and belonging for all in our community?

Psychological growth occurs when the social context supports these three needs

Spaces and Places that invite us to Practice Capacities that Enhance Agency



Communication

Adaptability

Listening

Presence

Collaboration

Resilience

Empathy

Investing in Adolescents (April 2023) Chicago Consortium Research

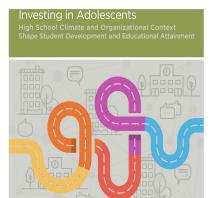
Cultivate an environment in which:

Students and teachers have positive and productive interactions

Students develop peer connections and have a sense of belonging

Students' orientation toward hard work, effort & engagement is nurtured

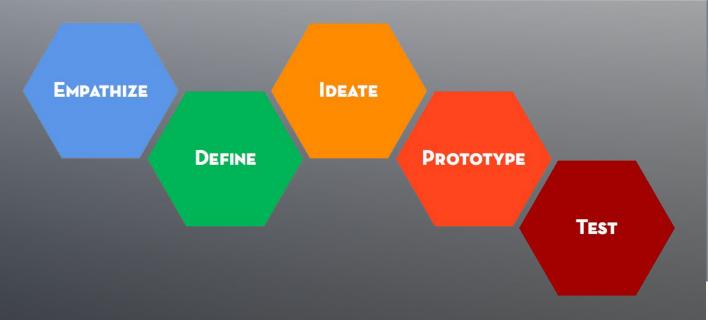
Student and teacher voices are reliable, valuable, and valid guides for school improvement



Within our school environment, what might allow us to experience agency?



Human Centered Approach to Design Methods







Camila Leao, Artist



GAINING EMPATHY

Empathize is the foundation of human-centered design.

To build empathy, we:

- **Observe**—view people and their behaviors in the context of their lives.
- Engage-Interact with and interview people through both scheduled and short encounters.
- **Immerse**-Wear their shoes. Experience what they experience for a mile or two.

Exploring how students experience our campus







Empathize: how?

without judgment with a beginner's eyes with curiosity optimistically respectfully



immerse

observe

engage

Observe or Immerse yourself in what your another is doing? How he/she/they are doing it?

• What prompted the behavior?

What is this person (or persons) doing? Notice what is happening both with the person and the context he/she is functioning within.

How are they doing it? pretend you are describing the picture to someone not looking at it.

Why are they doing it this way? take a guess. Start to form a story. then ask.





Empathize: how?

immerse

observe

engage



Empathize: how - engage Interviews

- 1. seek stories
- 2. talk about feelings
- 3. ask "why"



"Tell me about the last time you..."

"What was the best..." "What was th worst...

"And why is that?" "Can you tell me more about that?"

When do you feel you are helping others feel a sense of their agency?



Empathize: how?

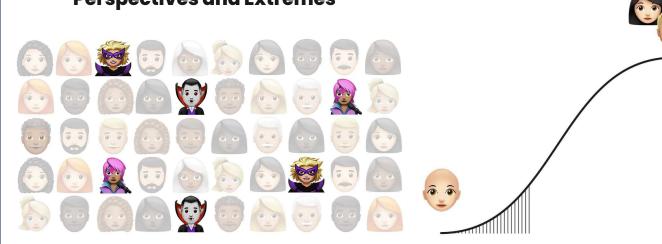
- 1. seek stories
- 2. talk about feelings
- 3. ask "why"
- 4. capture your findings







A Note About Multiple Perspectives and Extremes



Team Design Time in Breakouts

Thoughts about what we are hearing?

What shadowing experiences might our team want to set up?

Are there areas or events we might want to observe or pay attention to?

Each team member will conduct three interviews.

How will we capture what we see and hear?

What questions might we all want to share?





1

One word to describe how you are feeling about today's engagement.





Thank You!

WE BUILD IT TOGETHER



<u>Kim Nguyen</u>



Thanks!

Do you have any questions?

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Agency Resources

- •https://learningforward.org/journal/improving-together/6-principles-to-foster-voice-and-belonging/
- https://xgsuperschool.org/rethinktogether/5-resources-for-youth-v oice-and-choice/
- •https://www.edutopia.org/article/importance-student-choice-across-all-grade-levels/
- https://aaalab.stanford.edu/papers/ChoiceSchwartzArenaAUGUST2 32009.pdf
- •https://www.oecd.org/education/2030-project/teaching-and-learning/learning/student-agency/Student_Agency_for_2030_concept_ nŏte.pdf
- https://podcasters.spotify.com/pod/show/getschooledky/episodes/ he-Uncertainty-of-Post-High-School-Plans-How-Has-Mycation-Prepared-me-for-Life-After-High-School-elvr9bd/a-a9eb0vc